



JALLARAH HOMES Newsletter

OCTOBER 2024

Happy Halloween
Happy, happy Halloween
I'm here to take a treat
You could choose a trick instead
Like glue upon your seat.



I am pleased to share this month's update on Jallarah Homes' progress and key initiatives. We continue to strengthen our organization through strategic planning, staff development, and quality improvements.

Strategic and Governance Updates

- Our Board of Directors is actively engaged in renewing our Strategic Plan, ensuring our direction aligns with current and future needs
- The William Buck Financial Audit is nearing completion in preparation for our upcoming Annual General Meeting
- Our AGM is scheduled for October 31st, where we will consider an important update to our Constitution's 'Object'
 - * Current wording: "The general object of Jallarah Homes is to provide accommodation for the aged person as provided for in the 'Aged Care Act 1997'"
 - * Proposed wording: "Jallarah Homes creates a caring, inclusive, supportive environment for those living with aging and disability, that acknowledges and values contributions from residents and all stakeholders"

Staff Development and Recruitment

- Our comprehensive staff education program continues with:
 - * Cultural Safety and Fire Training (September)
 - * Senior First Aid and CPR training (October)
 - * Ongoing online training modules
 - Active recruitment is underway for key positions:
 - * Care Manager
 - * Registered Nurses
- We are making encouraging progress in these recruitment efforts.

Quality Improvement Initiatives

We remain committed to continuous improvement across all operations:

- Implementing a new digital feedback system to enhance our Comments, Compliments, and Complaints process
- The upgraded system will offer multiple feedback options:
 - * Verbal feedback to staff
 - * Staff-supported form completion
 - * Digital submission via devices (both on and off premises)
- We actively encourage feedback from all stakeholders, including visitors, as it plays a crucial role in our improvement journey

Looking Ahead

As we approach our AGM and continue our strategic planning process, we remain focused on:

- Finalizing our financial audit
- Implementing our enhanced feedback systems
- Supporting our staff through continued professional development
- Strengthening our care team through strategic recruitment

Your engagement and feedback are vital to our success. The proposed update to our Constitution's Object reflects our evolution and commitment to creating an inclusive, supportive environment for all our stakeholders.

Thank you for your continued support and trust in Jallarah Homes.

HAPPY BIRTHDAY

29th October - Graham Andrew

These are a few of Graham's favourite things.

Book - Drama

Colour - Black

Hobbies - Walking around Jallarah

Date of Birth - 29th October 1944

Age - 80

Food - Chicken snitzel and chips

Flower - Daffodil

Activity at Jallarah - Quizzes



Hugh Jackman.

Hugh was born on the 12th October 1968, he is 55.

He was born in Sydney, Australia but now lives in the United Kingdom.

He is an Actor and singer, he has been performing since 1994 and still is.

He has 2 children.

He holds the title of companion of the order of Australia.



Halloween Jokes

- 1) What do you call an annoying pumpkin who does stupid stuff?
A) A jack-ass-o-lantern
- 2) What's a skeletons favourite board game?
A) Tibial Pursuit
- 3) What is the witches favourite crime show?
A) America's most haunted
- 4) Why is the woman afraid of the vampire?
A) Because he is all bite and no bark
- 5) Why do cemeteries have walls and fences?
A) Because people are always dying to get in
- 6) What happens if you combine a vampire and a snowman?
A) You get frostbite
- 7) What is a vampire's worst fear?
A) Tooth decay
- 8) Why did the team of witches lose the softball game?
A) Their bats kept flying away.
- 9) What are two freshly married spiders called?
A) newly-webbed



Pot Luck Quiz

- 1) What does antiseptic do?
- 2) What is a 4 letter word for a chicken dwelling?
- 3) In which country would you find The Valley of the Kings?
- 4) What is the name of a young goose?
- 5) What colour flag is considered a sign of surrender?
- 6) If preparing for hard work you are said to roll up your?
- 7) The central spot on a target is called a?
- 8) Rhyming with fiddle is which term for a puzzling statement?
- 9) What is the hardest natural substance on Earth?
- 10) Is Australian time ahead of the UK or behind?

World Gratitude day!

Often we take for granted
Things we are blessed with
Today it's time to be 'thankful'
And realise what 'Gratitude' really is.

We need to be thankful
For the people in our lives
To tell them we love them
Cause 'love' money cant buy!

We need to be thankful
For the food we eat
For the roof over our heads
And for the clothes we have.

Let us kneel down and pray
Let's be thankful for everything
And make it a point to share.

Reach out when you read this
Let's make this world a better place
On World Gratitude day.



Pot Luck Quiz Answers

- 1) kills bacteria,
- 2) coop,
- 3) Egypt,
- 4) Gosling,
- 5) white,
- 6) sleeves,
- 7) bullseye,
- 8) riddle,
- 9) Diamond,
- 10) ahead

Thought for the month.

The miracle of friendship usually begins with a simple smile.

Poem

When the weather suits you not,
Try smiling!
When the coffee is not hot,
Try smiling!
When your neighbours don't do right,
Or your relatives all fight,
Sure is it hard, but then you might
Try smiling!
Doesn't change the things, of course by just smiling...
But it cannot make them worse...
Just smiling!
And it seems to help your case,
Brightens up a gloomy place,
Then, it sort o'rests your face
Just smiling!





Lifestyle Report

Father's Day was the first activity for the month and we celebrated all the 'dads' on the 6th of September with a lovely afternoon tea.

The residents are enjoying walking group, there have been some lovely days to go for a walk. Bingo is still a favourite, the residents love to come out and play and enjoy receiving a chocolate at the end.

We had a craft day, making button trees which the residents love to make, once they are finished they will be put in the residents rooms to enjoy.

We had a baking day too, making and decorating little cakes, the residents did a fantastic job and enjoyed eating their creation at the end. They all said the cakes were so nice.

We also had another baking day, Scones. Chris came and made the scones with the residents, they had them nice and hot with jam and cream.

We have also had exercise sessions, the residents enjoy them a lot. They get some enjoyment and fitness from the sessions.

We had Mother Goose playgroup come this month to visit the residents, everyone had a great morning singing along with the children and then watching them do some games.



Lifestyle Report

We had a take-away tea night, we decided to do Fish and Chips for tea from Breeze Café. The residents loved the meal, they said it was a nice change of menu.

We had a Pancake breakfast for a change this month which was on 24th September, cooked and served by Lisa and Caitlin. Everyone enjoyed the change of breakfast menu.

We have church services at Jallarah and in the community. Quite a few residents go out and attend the services.

We have Fine Dining twice a month, the residents love listening to the Piano while eating their tea. A big thanks to Pauline and Nancy for making the tea meals enjoyable.

The Lions Club is back each month, they have cooked one BBQ this month and it was really good to see them back at Jallarah cooking the BBQ for us.

We still have our usual activities which the residents love to attend which is board games, quizzes, golf and movie day. We have 2 bus trips a month, the residents like going out in the community.







FEEDBACK

Jallarah Homes Inc recognizes the need for an easy to manage, timely feedback mechanism for residents and their representatives. The Information and feedback gathered assists us to respond appropriately and improve the quality of service.

Please use the complaints mechanism to inform us about any issues including cultural safety and discrimination. All complaints will be dealt with sensitively and with respect to privacy issues.

Complainants will be informed of any action taken and the practice of open disclosure will be supported by staff and management.

If you have a complaint you may use any of the avenues below:

- ◆ Ask an advocate to act on your behalf
- ◆ Discuss the complaint with a staff member
- ◆ Complete a feedback form. Staff can help with this.
- ◆ Ask to see the EO/DON

If unsatisfied please Write to the Board of Management c/o Jallarah Homes Inc.

If you are not satisfied with any internal action you may approach the Aged Care Complaints Commissioner on 1800550552. Brochures with the details can be found in the foyer.

FIRE PLAN

**** RESIDENTS & FAMILY MEMBERS ****

There is a copy of the Fire Plan on the back of every Residents bedroom door that gives you directions in case of a Fire, Evacuation or Emergency

Please at all times follow the directions given by staff